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ACTION EDUCATION

School Holiday Programs

PRESENTED BY BACKFLIPS AGAINST BULLYING

www.actioneducation.com.au

Our Programs

Our workshops and shows are facilitated by the Backflips team; a group of exceptional acrobatic athletes who tour around the 'Backflips Against Bullying' program during the school term. Two of these entertainers will facilitate your programs. In addition to performing a spectacular acrobatic show for you, they will engage the kids in exciting and physical activities, teaching them movement skills based around parkour and gymnastics.

The Beginners Acro & Parkour Masterclass, and the Film & Stage Fighting Masterclass, are our high energy Teenage programs. For Primary age kids, our exciting Superhero Training program is exceptionally popular, and simplifies these skills and turns it into a fun Superhero session!

We provide:

- Working with Children Checks for all of our facilitators
- Public Liability Insurance Coverage for all workshops and shows
- Risk Assessment / SWMS Documentation

Space and Equipment:

These programs can operate in outdoor or indoor environments, often being facilitated in multi-purpose library rooms or any open space in the library. The team are extraordinarily adaptable, and we bring all of our own equipment and mats for the program.

The next page will explain the programs in more detail!

Programs

SUPERHERO TRAINING FOR KIDS

AGE: 5+

LENGTH: 1 Hour

BRIEF: Become a Superhero! Learn the skills that every little Superhero needs - to climb and jump over obstacles, land like a superhero, roll like a ninja, and work in a Superhero team! Then watch in awe as our adult Superhero Trainer's demonstrate their incredible superhero skills right in front of your eyes!

BEGINNERS ACRO & PARKOUR MASTERCLASS [12+]

AGE: 12+

LENGTH: 1 Hour

BRIEF: Vaults, Flips, Jumps, and Rolls: Build physical skills in a free and fun environment, starting with a crash course in parkour and acrobatics, and learning the exciting art of movement freedom!

SUPERHERO SHOW!

AGE: All Ages!

LENGTH: 30 Minutes

BRIEF: Full of Comedy, Tricks, and Flips - watch in awe as our adult Superhero Trainer's demonstrate their incredible superhero skills right in front of your eyes! Includes our Interactive Acrobatic Show, where we do flips and tricks over the top of willing volunteers!

Cost Guideline

Sessions	2 Facilitators
x1 Program and Show	$700.00
Half-Day (x2 Programs and x1 Show)	$1,150.00
Full-Day (x4 Programs and x2 Shows)	$1,800.00

*All prices are +GST
*These costs do not include any applicable Travel Fees

Schedule

Each program runs for 1 Hour, and shows run for 20 Minutes. We typically run the format Program / Show / Program, allowing participants from both programs to see the same show. A Full Day would repeat this format. Example timings are:

FULL DAY:

9:30am - Program
10:30am - Show
11:00am - Program

12:00pm - Lunch

1:00pm - Program
2:00pm - Show
2:30pm - Program

HALF DAY:

9:30am - Program
10:30am - Show
11:00am - Program

CONTACT US

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